



Potty Time!



Potty training is a learning experience for both parents and children. Having patience and understanding is very important. Make it as fun as you can for your child for a positive outcome. Potty training is a time when children really start becoming more independent. It's important that potty training be done at home as well as at school. Below, I've listed some information and tips to help make potty training easier in preschool, for you and for your child.

SIGNS- Signs of potty training readiness include; your child staying dry for long periods of time, being able to tell you that you they went potty in their diaper, and them asking to be changed after going potty in their diaper.

CLOTHING- To help your child be successful in potty training; be sure to dress them in clothing that will help them be independent.

- Pants and shorts with elastic waist bands are the easiest for little ones to pull up and down
 - Please no overalls. They are too hard to unlatch and pull down.
 - Avoid belts. Two year olds don't usually have the dexterity to latch or unlatch a belt. Belts hinder their independence.
 - Onesies or bodysuits don't allow for quick undressing during potty time and we don't want them to get wet. 2 year olds can't unsnap a body suit. Also, the bodysuit when unsnapped may dip into the toilet.
 - Tutus over pants or shorts are cute but they pose a problem during potty training. Too many layers make it very difficult for little ones to get their clothes pulled down fast enough to avoid potty accidents. If you must dress them in a tutu, it should be the type that is attached to the pants or shorts they are wearing under it.
- Dresses may be worn, but will be rolled up during potty time.



PULL UPS- Please dress you child in a Pull-Up with the EASY OPEN SIDES, not the ones you have to tear off. This allows for quick changes in case of an accident, without having to remove shoes and other clothing.

BOYS- It's important that we teach little boys how to point themselves down, into the potty so that they don't sprinkle the potties and their clothes. Our potties don't have shields for little boys on them.

CLEANLINESS- Please be sure to teach your little one how to wipe properly. We will help them, but they need to learn early on to become more independent. We always wash hands after pottyng.

TIMING- Think about the times you have to go potty, and about the times you have to change your child. These are the times your child should be trying to use the potty. **TIMING IS KEY!**